## NUTRITION

### Nutrition Facts

**Serving Size**: 4 OZ (115g)  
**Servings Per Container**: 40

<table>
<thead>
<tr>
<th>Amount Per Serving</th>
<th>Calories</th>
<th>Calories from Fat *140</th>
<th>% Daily Value*</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>220</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calories Fat</td>
<td>16 g</td>
<td>25%</td>
<td></td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>5 g</td>
<td>25%</td>
<td></td>
</tr>
<tr>
<td>Trans Fat</td>
<td>0 g</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>Cholesterol</td>
<td>75 mg</td>
<td>25%</td>
<td></td>
</tr>
<tr>
<td>Sodium</td>
<td>80 mg</td>
<td>3%</td>
<td></td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>6 g</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>0 g</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>Sugars</td>
<td>0 g</td>
<td>0%</td>
<td></td>
</tr>
<tr>
<td>Protein</td>
<td>20 g</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

### PREPARATION AND COOKING INSTRUCTIONS

Add variety with this classic ground turkey, made from high quality turkey. A low-fat, high protein alternative in comparison to our red meat counterparts. Always cook ground turkey to a minimum temperature of 165 degrees F.

### GENERAL DESCRIPTION

Add variety with this classic ground turkey, made from high quality turkey. A low-fat, high protein alternative in comparison to our red meat counterparts.